



REPUBLIC OF CYPRUS
MINISTRY OF EDUCATION,
SPORTS AND YOUTH



CYPRUS PEDAGOGICAL INSTITUTE
CENTRE FOR EDUCATIONAL
RESEARCH AND EVALUATION

File number: 04.13.002
E-mail: hbsc_schools@cyearn.pi.ac.cy
Tel. No: 22402470/473

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Subject: Students' participation in the Health Behaviour in School-aged Children (HBSC 2025/26) Survey

Dear parents/guardians,

We would like to inform you that your child's class has been selected to participate in the Main Study of the World Health Organization (WHO) international study HBSC. This international survey involves the participation of more than 50 countries, including Cyprus.

This survey deals with important aspects of adolescents' behaviour (aged 11-16 year-olds) in relation to health and well-being and social environments, such as family and school environment, peer relationships, and online communication. It also examines habits that affect health, such as eating and dieting, physical activity, substance use, bullying at school, etc.

The main phase of the survey involves the participation of students of grades 6, 8 and 10, from public and private schools, who will complete an online anonymous questionnaire during school time. The data will be collected at the school premises on a fixed date, in December 2025.

Your child's participation at the HBSC is very important, since your child is included in the sample of students representing our country. Your support to this survey is significant, since the two Ministries (Health and Education, Sport and Youth) anticipate eliciting crucial information that will help improve the quality of life of all students.

The anonymized data collected will be treated as confidential and will be forwarded to the consortium coordinating the survey. You as a parent/guardian have the right to refuse participation of your child at the HBSC 2025/26, in which case you should notify (in written) the school accordingly.

Detailed information on HBSC can be found at <https://hbsc.pi.ac.cy/hbsc/>. For any questions about the survey and your child's participation, please contact the personnel of the HBSC National Center (Dr Christiana Nicolaou 22402470, Dr Maria Papaefstathiou 22402473) or at hbsc_schools@cyearn.pi.ac.cy.

Thank you in advance for the cooperation.

Dr Giorgos Koutsidis
Acting Director of
Secondary Education

Dr Elias Markatzis
Director of
Secondary Technical
and Vocational
Education and Training

Dr Marios Stylianides
Director of Elementary
Education

Dr Elena Hadjikakou
Director of Cyprus
Pedagogical Institute

